## A Hermite-Hadamard inequality for convex-concave symmetric functions \*

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## Abstract

In this paper we prove a Hermite-Hadamard type inequality for convexconcave symmetric functions, by considering integral mean values with respect to certain signed measures.

**Key Words**: Convex function, Borel measure, Hermite-Hadamard inequality.

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The classical Hermite-Hadamard inequality gives us an estimate, from below and from above, of the mean value of a convex function  $f:[a,b] \to \mathbb{R}$ :

$$f\left(\frac{a+b}{2}\right) \le \frac{1}{b-a} \int_{a}^{b} f(x) dx \le \frac{f(a) + f(b)}{2}.$$
 (HH)

See [8], pp. 50-51, for details. A weighted form of this inequality was proved by L. Fejér [5]. Precisely, if f is as above and  $p:[a,b] \to \mathbb{R}$  is a nonnegative integrable function, symmetric with respect to the middle point (a+b)/2, then

$$f\left(\frac{a+b}{2}\right) \int_{a}^{b} p\left(x\right) dx \le \int_{a}^{b} f\left(x\right) p\left(x\right) dx \le \frac{f\left(a\right) + f\left(b\right)}{2} \int_{a}^{b} p\left(x\right) dx.$$
 (F)

However, it is Choquet's theory who provides the best understanding of the Hermite-Hadamard inequality in the framework of positive Radon measures on arbitrary compact convex sets. See [8], pp.192-195, for details. Many results are covered by this theory, in particular the main result in [1] (by using the technique of pushing forward measures).

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A. M. Fink [5] made an important remark concerning the generality of (HH), by noticing the possibility to consider certain signed measures. In order to recall it here we need a preparation.

Let  $\mu$  be a real Borel measure on [a,b], with  $\mu([a,b]) > 0$ . We say that  $\mu$  is a *Hermite-Hadamard measure* if for every convex function  $f:[a,b] \to \mathbb{R}$  the following inequalities hold,

$$f(x_{\mu}) \leq \frac{1}{\mu([a,b])} \int_{a}^{b} f(x) d\mu(x) \tag{LHH}$$

$$\leq \frac{b - x_{\mu}}{b - a} \cdot f(a) + \frac{x_{\mu} - a}{b - a} \cdot f(b), \tag{RHH}$$

where

$$x_{\mu} = \frac{1}{\mu([a,b])} \int_a^b x \, d\mu(x)$$

is the barycenter of  $\mu$ . Fejer's aforementioned result offers plenty of examples of nonnegative Hermite-Hadamard measures. Moreover, using the Hardy-Littlewood-Pólya majorization inequality, it is not difficult to built up examples within the class of signed-measures such as

$$\frac{5}{9}\delta_{-1/2} - \frac{1}{9}\delta_0 + \frac{5}{9}\delta_{1/2}$$
 on  $[-1, 1]$ .

A. M. Fink [5] gave a complete characterization of the real-valued Borel measures  $\mu$  for which (LHH) works for every convex function, precisely the fulfillment of the following condition of end-positivity:

$$\int_{a}^{t} \left(t-x\right) d\mu\left(x\right) \geq 0 \quad \text{and} \quad \int_{t}^{b} \left(x-t\right) d\mu\left(x\right) \geq 0 \quad \text{for every } t \in \left[a,b\right].$$

In the same paper, A. M. Fink proved a sufficient condition for (RHH), but his argument can be modified to get a complete characterization of the measures for which (RHH) works:

**Theorem 1.** Let  $\mu$  be a real Borel measure on [a,b] with  $\mu([a,b]) > 0$  and having the barycenter  $x_{\mu}$ . Then the inequality

$$\frac{1}{\mu([a,b])} \int_{a}^{b} f(x) d\mu(x) \le \frac{b - x_{\mu}}{b - a} f(a) + \frac{x_{\mu} - a}{b - a} f(b)$$
(RHH)

works for all continuous convex functions  $f:[a,b] \to \mathbb{R}$  if and only if

$$\frac{b-t}{b-a} \int_a^t (x-a) d\mu(x) + \frac{t-a}{b-a} \int_t^b (b-x) d\mu(x) \ge 0 \quad \text{for all } t \in [a,b].$$

**Proof:** An easy approximation argument shows that the formula (RHH) works for all continuous convex functions  $f:[a,b]\to\mathbb{R}$  if and only if it works for all convex functions of class  $C^2$  on [a, b].

As well known, all such functions admit an integral representation of the form

$$f(x) = \frac{b-x}{b-a}f(a) + \frac{x-a}{b-a}f(b) + \int_{a}^{b} G(x,t)f''(t)dt,$$

where

$$G(x,t) = - \begin{cases} \frac{(x-a)(b-t)}{b-a} & \text{if } a \le x \le t \le b \\ \frac{(t-a)(b-x)}{b-a} & \text{if } a \le t \le x \le b \end{cases}$$

represents the Green function of the operator  $\frac{d^2}{dt^2}$ , with homogeneous boundary conditions y(a) = y(b) = 0.

Thus, for every convex function  $f \in C^2([a,b])$  we have

$$\begin{split} \frac{1}{\mu([a,b])} \int_{a}^{b} f(x) d\mu(x) &- \frac{b - x_{\mu}}{b - a} f(a) - \frac{x_{\mu} - a}{b - a} f(b) \\ &= \frac{1}{\mu([a,b])} \int_{a}^{b} \left[ f(x) - \frac{b - x}{b - a} f(a) - \frac{x - a}{b - a} f(b) \right] d\mu(x) \\ &= \frac{1}{\mu([a,b])} \int_{a}^{b} \left( \int_{a}^{b} G(x,t) f''(t) dt \right) d\mu(x) \\ &= \frac{1}{\mu([a,b])} \int_{a}^{b} f''(t) \left( \int_{a}^{b} G(t,x) d\mu(x) \right) dt \\ &= \frac{1}{\mu([a,b])} \int_{a}^{b} f''(t) y(t) dt, \end{split}$$

where  $y(t)=\int_a^b G(t,x)d\mu(x)$  is a continuous function. When f runs over the class of  $C^2$  convex functions on [a,b], its second derivative. tive f'' will describe the class of continuous nonnegative functions on [a, b]. Consequently the inequality (HH) holds for all  $C^2$  convex functions if and only if

$$y(t) = \int_a^b G(t, x) d\mu(x) \le 0$$

for all  $t \in [a, b]$ . 

Using the above results we can easily check that  $d\mu = (x^2 - \lambda)dx$  is a Hermite-Hadamard measure for all  $\lambda \leq 1/6$ .

Remark 1. Using the technique of pushing-forward measures, the inequalities (LHH) and (RHH) above can be put in a more general form, that encompasses also the classical Jensen inequality. If  $\nu$  is a signed Borel measure on X and  $T: X \to [a,b]$  is a  $\nu$ -integrable map, then the push-forward measure  $\mu = T \# \nu$  is given by the formula  $\mu(A) = \nu(T^{-1}(A))$ . Assuming that  $\mu = T \# \nu$  is a Hermite-Hadamard measure (which is always the case when  $\nu$  is positive), we get

$$f\left(\overline{T}\right) \le \frac{1}{\nu(X)} \int_X f(T(x)) \ d\nu(x)$$
 (J)

$$= \frac{1}{\mu([a,b])} \int_{[a,b]} f(t) d\mu(t) \le \frac{b - \overline{T}}{b - a} f(a) + \frac{\overline{T} - a}{b - a} f(b)$$
 (CJ)

for every continuous convex function  $f:[a,b]\to\mathbb{R}$ . Here  $\overline{T}=\frac{1}{\nu(X)}\int_X T(x)\ d\nu(x)$  represents the barycenter of  $\mu$ . For even more general Jensen type inequalities see [8].

P. Czinder and Z. Páles [3] (see also P. Czinder [4]) have extended the Hermite-Hadamard inequality in another direction, by considering functions that mix the up and down convexity:

**Theorem 2.** Suppose that I is an interval and  $f: I \to \mathbb{R}$  is a function symmetric with respect to an element  $m \in \overline{I}$ , that is,

$$f(x) + f(2m - x) = 2f(m) \quad \text{for all } x \in I \cap (-\infty, m]. \tag{S}$$

If f is convex over the interval  $I \cap (-\infty, m]$  and concave over the interval  $I \cap [m, \infty)$ , then, for every interval  $[a, b] \subset I$  with  $(a + b)/2 \ge m$ , the following inequalities hold true:

$$f\left(\frac{a+b}{2}\right) \ge \frac{1}{b-a} \int_{a}^{b} f(x) dx \ge \frac{f(a) + f(b)}{2}.$$
 (CP)

If  $(a + b)/2 \le m$ , then the inequalities (CP) should be reversed.

An appropriate version is valid for functions that are concave over the interval  $I \cap (-\infty, m]$  and convex over  $I \cap [m, \infty)$ .

Notice that the inequality (HH) can be derived from (CP), by choosing m as one of the endpoints of I.

The aim of this paper is to prove that Theorem 2 works actually in the general framework of Hermite-Hadamard measures.

**Theorem 3.** Suppose that  $f: I \to \mathbb{R}$  verifies the symmetry condition (S) and is convex over the interval  $I \cap (-\infty, m]$  and concave over the interval  $I \cap [m, \infty)$ .

If  $(a+b)/2 \ge m$  and  $\mu$  is a Hermite-Hadamard measure on each of the intervals [a, 2m-a] and [2m-a, b], and is invariant with respect to the map T(x) = 2m-x on [a, 2m-a], then

$$f(x_{\mu}) \ge \frac{1}{\mu([a,b])} \int_{a}^{b} f(x) d\mu \ge \frac{b - x_{\mu}}{b - a} f(a) + \frac{x_{\mu} - a}{b - a} f(b)$$
. (GHH)

If  $(a+b)/2 \le m$ , then the inequalities (GHH) work in a reverse way, provided  $\mu$  is a Hermite-Hadamard measure on each of the intervals [a, 2m-b] and [2m-b, b], and is invariant with respect to the map T(x) = 2m - x on [2m-b, b].

**Proof**: Suppose first that  $(a+b)/2 \ge m$ . The case where  $m \notin (a,b)$  is covered by our assumption on  $d\mu$  (of being a Hermite-Hadamard measure on specific intervals), so we will concentrate only on the case where a < m < b. In order to prove the left hand side inequality in (GHH) we have to notice that

$$\int_{a}^{b} f(x) d\mu = \int_{a}^{2m-a} f(x) d\mu + \int_{2m-a}^{b} f(x) d\mu 
= f(m) \int_{a}^{2m-a} d\mu + \int_{2m-a}^{b} f(x) d\mu, \quad (LGHH)$$

due to the invariance properties of f and  $\mu$ . Since f is concave over the interval [2m-a,b], the last integral in (LGHH) does not exceeds

$$f\left(\frac{1}{\mu\left(\left[2m-a,b\right]\right)}\int_{2m-a}^{b}xd\mu\right)\cdot\mu\left(\left[2m-a,b\right]\right)$$

and thus

$$\begin{split} \frac{1}{\mu\left([a,b]\right)} \int_{a}^{b} f\left(x\right) d\mu &\leq \frac{\mu\left([a,2m-a]\right)}{\mu([a,b])} \cdot f\left(m\right) \\ &+ \frac{\mu\left([2m-a,b]\right)}{\mu([a,b])} \cdot f\left(\frac{\int_{2m-a}^{b} x d\mu}{\mu\left([2m-a,b]\right)}\right) \\ &\leq f\left(\frac{\mu\left([a,2m-a]\right)}{\mu([a,b])} \cdot m + \frac{\mu\left([2m-a,b]\right)}{\mu([a,b])} \cdot \frac{\int_{2m-a}^{b} x d\mu}{\mu\left([2m-a,b]\right)}\right) \\ &= f\left(\frac{1}{\mu([a,b])} \int_{a}^{b} x d\mu\right) = f(x_{\mu}). \end{split}$$

due to the symmetry properties of f and  $\mu$  combined with the fact that f is concave on [m, b].

Now we prove the right hand side inequality in (GHH). Using the symmetry of f and its property of being concave on the interval [2m - a, b], we infer that

$$\int_{a}^{b} f(x) d\mu = f(m) \int_{a}^{2m-a} d\mu + \int_{2m-a}^{b} f(x) d\mu$$

$$\geq f(m) \cdot \mu([a, 2m-a])$$

$$+ \left(\frac{b - x'_{\mu}}{b + a - 2m} f(2m - a) + \frac{x'_{\mu} - 2m + a}{b + a - 2m} f(b)\right) \cdot \mu([2m - a, b]),$$

where

$$x'_{\mu} = \frac{1}{\mu([2m-a,b])} \int_{2m-a}^{b} x d\mu$$

$$= \frac{1}{\mu([2m-a,b])} \left( \int_{a}^{b} x d\mu - \int_{a}^{2m-a} x d\mu \right)$$

$$= \frac{x_{\mu} \cdot \mu([a,b]) - m \cdot \mu([a,2m-a])}{\mu([2m-a,b])}.$$

To complete the proof of the right hand side of (GHH), it suffices to show that

$$\begin{split} f\left(m\right) \cdot \mu([a,2m-a]) \\ &+ \left(\frac{b - x'_{\mu}}{b + a - 2m} f\left(2m - a\right) + \frac{x'_{\mu} - 2m + a}{b + a - 2m} f\left(b\right)\right) \cdot \mu([2m - a, b]) \\ &\geq \left(\frac{b - x_{\mu}}{b - a} f\left(a\right) + \frac{x_{\mu} - a}{b - a} f\left(b\right)\right) \cdot \mu([a, b]). \end{split}$$

Without loss of generality we may assume that  $\mu([a,b]) = 1$ . Put  $\mu([a,2m-a]) = \lambda$ . Then  $\mu([2m-a,b]) = 1 - \lambda$ , and the last inequality becomes

$$\lambda f\left(m\right) + \left(1 - \lambda\right) \left(\frac{b - \frac{x_{\mu} - \lambda m}{1 - \lambda}}{b + a - 2m} f\left(2m - a\right) + \frac{\frac{x_{\mu} - \lambda m}{1 - \lambda} - 2m + a}{b + a - 2m} f\left(b\right)\right)$$

$$\geq \frac{b - x_{\mu}}{b - a} f\left(a\right) + \frac{x_{\mu} - a}{b - a} f\left(b\right).$$

Since f(a) = 2f(m) - f(2m - a), this inequality can be restated as

$$\lambda f\left(m\right) + \frac{\left(1-\lambda\right)b - x_{\mu} + \lambda m}{b + a - 2m} f\left(2m - a\right) + \frac{x_{\mu} - \lambda m - \left(1-\lambda\right)\left(2m - a\right)}{b + a - 2m} f\left(b\right)$$
$$\geq \frac{b - x_{\mu}}{b - a} \left(2f\left(m\right) - f\left(2m - a\right)\right) + \frac{x_{\mu} - a}{b - a} f\left(b\right).$$

Doing some algebra (including a simplification of both sides by  $(2-\lambda)b + \lambda a - 2x_{\mu}$ ) we are led to

$$f\left(2m-a\right) \ge \frac{b+a-2m}{b-m}f(m) + \frac{m-a}{b-m}f\left(b\right),$$

which is indeed the case since f is concave on the interval [m,b] and 2m-a is a convex combination of m and b:

$$2m - a = \frac{b+a-2m}{b-m}m + \frac{m-a}{b-m}b.$$

Notice that  $(2 - \lambda)b + \lambda a - 2x_{\mu} \geq 0$  is a consequence of our hypotheses on  $x_{\mu}$ . In fact,

$$x_{\mu} = \int_{a}^{b} x d\mu = \int_{a}^{2m-a} x d\mu + \int_{2m-a}^{b} x d\mu$$
$$= \lambda m + \int_{2m-a}^{b} x d\mu$$
$$\leq \lambda m + (1-\lambda)b \leq \frac{(2-\lambda)b + \lambda a}{2}.$$

The case where  $(a + b)/2 \le m$  can be treated in a similar way.

Theorem 2 was applied by Czinder and Páles [3] to prove inequalities for the Gini and Stolarsky means. The weighted framework offered by Theorem 3 is suitable to get even more general inequalities, involving averages with respect to measures that are not necessarily positive.

Theorem 3 extends easily to the context of generalized convex functions in the sense of E. F. Beckenbach. These functions are attached to Chebyshev systems i.e., to pairs  $(\omega_1, \omega_2)$  of real-valued continuous functions on an interval I, such that

$$\left| \begin{array}{cc} \omega_1(x) & \omega_1(y) \\ \omega_2(x) & \omega_2(y) \end{array} \right| > 0 \quad \text{for } x < y \text{ in } I.$$

Precisely, a function  $f:I\to\mathbb{R}$  is convex with respect to a Chebyshev system  $(\omega_1,\omega_2)$  if

$$\left| \begin{array}{ccc} f(x) & f(y) & f(z) \\ \omega_1(x) & \omega_1(y) & \omega_1(z) \\ \omega_2(x) & \omega_2(y) & \omega_2(z) \end{array} \right| \geq 0 \quad \text{for } x < y < z \text{ in } I.$$

As was noticed by M. Bessenyei and Z. Páles [2], there is no loss of generality to assume that  $\omega_1$  is strictly positive and  $\omega_2/\omega_1$  is increasing. But in this case f is  $(\omega_1, \omega_2)$ -convex if and only if  $\frac{f}{\omega_1} \circ \left(\frac{\omega_2}{\omega_1}\right)^{-1}$  is convex in the usual way.

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